Section 1: Life Systems

Basic Science Concepts

Unit 1

Living Things p. 10

Unit 2

Needs of Living Things p. 16

Unit 3

Animals – Parts of the Body p. 22

Unit 4

Plants p. 28

Unit 5

The Five Senses p. 34

Unit 6

Staying Healthy p. 40



Experiment 1:

Breathing Eggs

p. 46



Experiment 2: **Growing Beans**

p. 50



Experiment 3:

A Natural Duo

p. 54



Experiment 4: **Drums in Our Ears**

p. 58

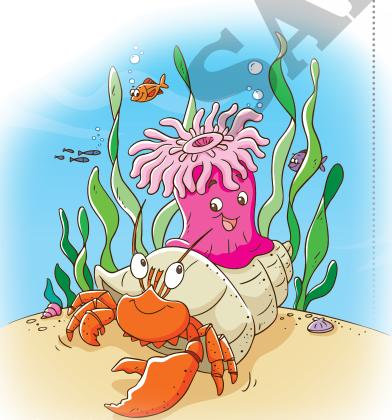


Experiment 5:

Tasting with Our Nose

p. 62





Section 2: Structures and Mechanisms

Basic Science Concepts



Common Materials and Their Properties

p. 68

Unit 2

Materials and Objects

p. 74

Unit 3

More about Materials and Objects

p. 80

Unit 4

Objects and Structures

p. 86

Unit 5

Fasteners

p. 92

Unit 6

Materials, Objects, Structures, and Us

p. 9





Experiment 1:

Fantastic Fasteners

p. 104



Experiment 2:

Water – Soak or Repel?

p. 108



Experiment 3:

Plastic vs. Metal

p. 112



Experiment 4:

The Best One

p. 116



Experiment 5:

Sinking or Floating

p. 120



Section 3: Matter and Energy

Basic Science Concepts

Unit 1

Energy Everywhere p. 126

Unit 2

Sources of Energy p. 130

Unit 3

Energy and the Sun p. 134

Unit 4

Energy from Wind and

Moving Water p. 138

Unit 5

Limited Energy Sources p. 142

Unit 6

p. 146 **Smart Energy Use**



Experiment 1:

Sunlight

p. 150



A Balloon Pinwheel

p. 154



p. 158

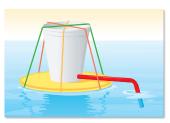


Experiment 4: Sun Protection

p. 162



Experiment 5: Water Power





Section 4: Earth and Space Systems

Basic Science Concepts

Unit 1

Seasonal Cycles p. 172

Unit 2

Daily Cycles p. 176

Unit 3

Seasonal Cycles and Living Thingsp. 180

Unit 4

Daily Cycles and Living

Things p. 184

Unit 5

Seasonal Cycles and Us p. 188

Unit 6

Daily Cycles and Us p. 192

Answers p. 218





Experiment 1:

Shifting Shadows

P. 196

Experiment 2: Make It Rain!

P. 200



Experiment 3: Water in the Air

P. 204



Experiment 4: **Day and Night**

P. 208



Experiment 5: A Wind Vane

p. 212



More about Materials and Objects

Objects are all around us, and they are all made of at least one material. In this unit, you will examine the materials that everyday objects are made of and the special properties of different materials.



After completing this unit,

you will understand that objects

- are made of one or more
 - know that the properties of materials can be observed.
 - know that similar objects can be made of different materials.

source: where something comes from

waterproof: does not let water pass through

durable: strong and long-lasting



Extension

Objects with the same function are not necessarily made of the same material. You may notice that different materials are used to make the same type of furniture in your home.

Take a look at the chairs in your home and make a record. You will find that they are

made of different materials and they have different characteristics.

Chair's Location Material (e.g. wood, plastic)

Weight (heavy/light)

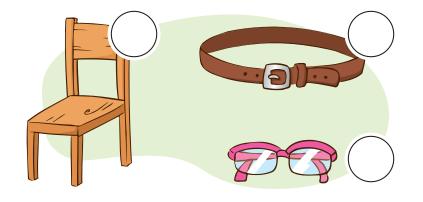
Living Room

Dining Room

Kitchen

Backyard

A. Match the objects with the materials they are made of. Write the letters.



- metal + wood
- B plastic + glass
- leather + metal

B. Write the materials each object is made of.

wood glass feathers metal cloth ٦. 2. 3. 5. 4.

C. Identify the footwear. Write the materials used and the sources of the materials. Then fill in the blanks.

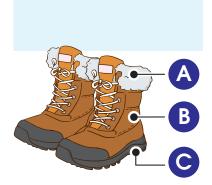
cool/warm

Footwear
winter boots
sneakers

Material
leather
rubber fabric

Source
sheep fur trees
cotton plants

1.



• The shafts are soft/hard and rigid/flexible and keep you

	Material	Source
A	wool	
В		animal hide
G		

• The soles are _____ and soft/hard and soft/hard which keep the waterproof/brittle, which keep the feet ____ and provide good grip.

2.



	Material	Source
A		
B		

- The shafts are _____soft/hard and _____.
- The soles are waterproof/brittle and light/heavy provide more comfort.

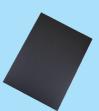
SUN PROTECTION

understanding how sunscreen works

The sun is our main source of energy. It provides us with light and heat, which all living things on Earth need to live and grow. However, too much sunlight can be harmful. This is why we look for ways to protect our skin when we are outdoors. Using sunscreen is one option, but does it really work to prevent us from getting sunburns?

Sunscreen only works
for a couple of hours. So
remember to reapply it regularly
to protect your skin
from the sun.

What you need:



black construction paper



tape



sunscreen



Difficulty:



Time needed: 1 – 3 days

In this experiment, you will explore the effects of sunscreen.

2 zipper bags



SPF stands for Sun Protection Factor, which tells you the level of protection against UVB rays a sunscreen provides. The minimal SPF rating of 15 is advised. In fact, the higher the number, the more protection a sunscreen provides.

What to do:

- Fold the construction paper in half.
- Squeeze some sunscreen into one of the zipper bags and spread it around inside the bag.
- 3 Tape the bag with sunscreen on one side of the paper and the empty bag on the other side.
- Tape the paper on a window with the bags facing the sun. Leave it for one to three days, depending on the amount of sun it gets.
- Observe the construction paper.

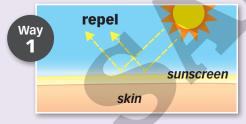


In this experiment, the construction paper represents our skin. You should have noticed that the side without sunscreen looked pale and the other



side remained unchanged. The sunscreen blocked the sun's rays, protecting the paper from damage. Without sunscreen, the sun caused the color of the paper to fade.

So how does sunscreen work to protect our skin? It works in two ways.



repels the sun's rays away from our skin



absorbs the sun's rays to prevent it from reaching our skin

Both ways work effectively in protecting our skin. Whichever type of sunscreen you choose, make sure to reapply regularly every couple of hours for it to protect your skin.





- Why is it important to protect your skin from sun damage?
- What are the signs of sun damage on the skin?
- In the experiment, why do you think the sunscreen was not applied to the paper directly but put into the zipper bag?



 We often hear meteorologists mention the UV index. With the help of an adult, research to find what the UV index is and how it relates to your daily activities. How do you check what the UV index is in your area?



If sunscreen is not available, how do you protect your skin from the sun?



- For proper and effective protection, sunscreen needs to be reapplied every couple of hours. Find a bottle of sunscreen in your home and read the labels to find out how often the sunscreen should be applied.
- Imagine going on a day trip to a park. You will leave the park to go home at 2:00 p.m. If you apply sunscreen at 9:30 a.m., what other times do you need to apply sunscreen again before going home?

